



Programma  
Jaunatne  
darbībā



## Include Your Will Power. Step2

Training course for youth organizations

October 11.-20, 2013

Lenkas, Liepāja region, Latvia

*Greetings dear partners, friends and participants.*

*The time is running, and we have to start the preparation activities in order to have a successful and productive Training Course Lenkas, Liepājas region, Latvia on 11-20. October 2013*

*Please, be patient and read this info-pack till the end!*

## IN BRIEF

The Youth Organisation “Liepājas Jaunie Vanagi” invites youth leaders and educators from organisations and institutions working with children and youth to the training course “Include your will power. Step 2”.

Training course for youth leaders and educators who would like to increase and expand their competencies and activities in the area of social inclusion through non-formal learning methods.

By using innovative and creative approaches to Social Inclusion Education, we will make inclusion, participation by theatre and outdoor methods. And will work on Universal Design for social inclusion.

This educational project is supported by the Youth in Action Programme of the European Commission.

## AIMS OF THE TC

Main aim of the training course is to develop skills and knowledge for youth leaders and trainers, who are involved in a work with social risk group youth, using non-formal methodology, based on social inclusion.

- ⊗ To make strategy to create new local groups for to work with social inclusion.
- ⊗ Increase awareness about human rights and social inclusion principles.
- ⊗ To analyze situation on inclusion in European context.
- ⊗ Sharing experience and develop knowledge about inclusion.
- ⊗ Get knows new methods and resources available on COMPAS and ALL TOGETHER.

## DATES AND LOCATION - IMPORTANT!!!

*Dear partners, be kindly informed that the **Training** it is going to be implemented from 11<sup>th</sup>-20<sup>th</sup> of October, 2013 next to very beautiful sea side city Liepaja.*

***IF YOU ALREADY KNOW THAT YOUR ORGANIZATION IS UNABLE TO PARTICIPATE IN THIS TRAINING, PLEASE LET US URGENTLY KNOW ABOUT IT!!!***

## METHODOLOGY

Program will start with getting know each other, ice-breaking. After we`ll have introduction in social inclusion, and each country will present situation about inclusion in their own countries.

Participants will have presentation about existing handbook on inclusion ALL TOGETHER, and also have space to try some of those methods in practice.

Work mainly is going to be in small groups and we will try to organize it in educational, but funny ways. We prepare for some simulation activities.

In practical part we are going to organize activities for children and youngsters with disabilities in Liepaja city. Also we have experts who are working with disable people every day and introduce participants with Universal design principles.

And... There will be 2 days of outdoor activities. You can try in practice everything you learn before. Outdoor could be quit challenging, so prepare good and be ready for surprises! ☺

## PROFILE OF THE PARTICIPANTS

The course is open for 25 participants from organisations located in Latvia, Slovenia, Romania, Lithuania, Czech Republic, Finland, Slovakia, Estonia, Spain, Austria.

There is no age limit, but participants must be at least 18 years old.

Participants attending the course should already be experienced in non-formal education, actively involved in the youth field. It is not necessary to have a previous experience on the issues addressed in the course, but we request an open approach, readiness for an intercultural experience and interest in developing strategies and projects on Inclusion.

Training course will be carried out in English language!!! Therefore all participants should be able to fully participate in English!

## LIST OF THE PARTNERS

<i>Name of organization</i>	<i>Country</i>	<i>Number of participants</i>
Bērnu un jauniešu biedrība "Liepājas Jaunie Vanagi"	Latvia	3
MKC Slovenj Gradec	Slovenia	3
Green Sun Association	Romenia	2
Informacijos ir paramos gausiai šeimai centras	Lithuania	3
Centrum pro pomoc detem amladezi o.p.s.Česky Krumlov	Czech Republic	3
Nuorten Kotkien Keskusliitto – Unga Örnars centralförbund NKK ry.	Finland	2
Detská organizácia FÉNIX, o.z	Slovakia	3
Seiklejate Vennaskond	Estonia	2
European Young Entrepreneurs	Spain	2
THINC The intercultural art education foundation	Austria	2

## TEAM OF TRAINERS

The programme of the course is designed and conducted by a team of trainers from Latvia and Slovenia with different level of experience. But all of them worked with inclusion topics for years.

## HOSTING ORGANISATION

### Liepājas Jaunie Vanagi

Child and youth union “Liepajas Jaunie Vanagi” (Liepaja’s Young Falcons) was founded in 1993. Organization holds on statutes, there are 300 children and youth aged from 5 to 30. The main aim of the organisation is the popularization and protection of children and youth rights and interests as well as to encourage active and creative youth development.

“Liepajas Jaunie Vanagi” pays special attention to youth initiative development and support. Youth has opportunity to realize their ideas.

The work in organization is divided into 3 age brackets (children aged from 5 – 11 form children group (club), children aged from 12 – 16 form teenager group, members of organization aged from 17 – 30 form youth group or club). All these 3 clubs have great corporation in spite of the difference of age.

The members of „Liepajas Jaunie Vanagi” have set the following objectives: to involve youth in our activities, to cooperate with other youth organizations, to have lifestyle without alcohol and drugs; to spend our leisure time as funny and productive it’s possible, to take part in local and international projects and to be aware that children have the same rights to decide as the leaders have.

The best youth organization in Kurland region in 2007 and 2011. Since 2008 member of IFM-SEI. And since 2008 member of “The national youth council of Latvia”. The award for best visibility of the organization in 2009 in Kurland. The award for best good practical example in capacity projects in Latvia.

Since 2011 EVS sending, hosting and coordinating organization.

### **SELECTION OF PARTICIPANTS AND APPLICATION PROCEDURE**

Please note that it is highly important that you **select participants that fully comply with the criteria of participants’ profile of the training**. To achieve the maximum quality of the training we expect that **no “seminar tourists” should attend the training** but only motivated participants which are really keen to learn more about social inclusion and how to implement it in the local level and later directly in your organization – coordinators, supervisors, mentors☺!!! If your organization is unable to provide such participants, please inform us about it!!!

### **DEADLINE AND APPLICATION PROCEDURE**

Dear partners, attached to this e-mail you will find also the application form, which should be filled in by each representative of your organization, who will attend the TC in Liepāja. We expect to receive carefully filled in application forms by the

**23<sup>th</sup> of August, 2013 latest.**

They should be sent to: [fon\\_kreslins@inbox.lv](mailto:fon_kreslins@inbox.lv)

### **FINANCIAL CONDITION/TRAVEL COST:**

The training course will be implemented in the framework of EU Youth in Action Programme, **the accommodation, food and materials will be covered fully.**

Travel expenses will be reimbursed at 70% of the real cost.

**Insurance is obligatory and should be arranged and covered by each participant.**

The Organisers will reimburse **70% of participants' travel costs (with cheapest mean of transportation) in return of original tickets**. Please note that you should bring with you sufficient and adequate proof/evidence of your costs – you should have the originals of invoices, tickets, printed out e-tickets, boarding passes, etc. On all the documents a price should be clearly visible, otherwise we will be unable to reimburse the costs!

Please note that participant’s travel costs should not exceed the travel budget limits which were approved by the **Latvian National Agency of Youth in Action programme and the travel route should also be in accordance**. Please refer to the ANNEX 1 for travel budget limits for each partner organisation. If the travel costs exceed the mentioned limits, the organizers will not be able to reimburse the costs.

**!!! Do not buy the travel tickets or have any travel costs before you get acceptance from us!!!**

### **TRAVEL TIMING**

**Arrival:** 10<sup>th</sup> October 2013 in Liepāja, Latvia

**Departure:** 21<sup>th</sup> October 2013 from Liepāja, Latvia

Please plan your timing in the way that your arrival and departure is in these dates.

### **TRANSPORT DETAILS**

Participants have several possibilities to arrive; most common arrival points are:

- Palanga Airport/Lithuania (60 km from Liepāja).
- Riga airport (220 km from Liepāja)
- Kaunas airport/Lithuania (300 km from Liepāja)

## ENROLMENT FEE

There is an enrolment fee of 35€. This amount will be deducted from the amount to be reimbursed for travel expenses or paid at the beginning of the TC.



## VENUE

The Training Course will be hosted in countryside house called Lenkas. Aprox.20km from Liepāja.

webpage: <http://www.lenkas.lv/>

## ACCOMMODATION AND FOOD:

You will stay in double, triple and also 4 persons in rooms with bathroom and toilet in the room. You will be provided with bed sheets and towels. The Training room and Dining room are located at the same building. Organizers will provide participants with three meals per day, coffee breaks and purified water. As we expect a rather diverse group, we will make sure both vegetarians and those who prefer meat to something else have what they like ☺. However, we strongly recommend participants to inform the organisers IN ADVANCE about any special needs such are dietary, vegetarian or any other kind of special needs. After that will be very hard to change cuisine!!!!

## WEATHER:

Usually in October it is rainy in Latvia. The weather in sea side is very changeable. During the day it can be both: very sunny and cloudy. Average temperature in October is 8 °C, a lot of fog. Also it already can be snow and nights could be cold with -5 degrees. Also, prepare yourself for outdoor activities as well!

## MONEY:

Lats. 1lats=1,4 euro

## INTERNET ACCESS

The organizers will provide Wi-Fi internet. Keep in mind it could be really slow if there are a lot of people connected in the same time.

## ANNEX 1 - MAXIMUM TRAVEL COSTS AND TRAVEL ROUTE

*Please note: only cheapest means of transport/fares are subject to reimbursement.*

Promoter	Number of persons	From	To	Means of transport	Total costs (100%) euros	Grant requested (70%)
Slovenia	4	Slovenj Gradec	Liepāja	Bus, plane	1532	1072
Romania	2	Targu Secuiesc	Liepāja	bus, plane, train	996	697
Czech Republic	3	Češki Krumlow	Liepāja	bus, plane	1479	1035
Lithuania	3	Klaipeda	Liepāja	bus	36	25
Finland	2	Helsinki	Liepāja	bus, plane	446	312
Slovakia	3	Bratislava	Liepāja	bus, plane, train	1041	728
Spain	3	Malaga	Liepāja	bus, plane, train	1146	802
Estonia	2	Tartu	Liepāja	bus	106	74
Austria	2	Zalzburg	Liepāja	bus, plane	846	592
Latvia	3	Liepāja	Liepāja	Foot ☺	-	-

### Contact Information

**If you need further information do not hesitate to contact us:**

**Liepājas Jaunie Vanagi**

**Contact Person: Liga**

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**LV-3407, LATVIA**

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